

MAINE TOWNSHIP MAINSTREAMERS

Enhancing Lives After 55+

MaineStreamers is a social group for seniors. The mission of MaineStreamers is to enhance the quality of life for residents 55 years of age and older by providing educational programs and recreational activities that encourage socialization, learning, independence, self-esteem and dignity. Membership is free and open to all Maine Township residents.

ELECTED OFFICIALS

Karen J. Dimond
Supervisor

Peter Gialamas
Clerk

Susan Moylan Krey
Assessor

Ed Beauvais
Highway Commissioner

Kimberly Jones
Trustee

Kelly Horvath
Trustee

James Maher
Trustee

Asif Malik
Trustee

MaineStreamer Staff

Marie Dachniwsky
Director

Therese Tully
Assistant Director

Monika Jaroszewicz
Program Coordinator

Oksana Bukaczyk
Program Coordinator

Maine Township
1700 Ballard Rd.
Park Ridge, Il 60068
847-297-2510
www.maintown.com



90+ BIRTHDAY CELEBRATION
Residents in Maine Township who are 90 years and older in 2025 are invited to our 90+ Birthday Celebration, which will be held on Thursday, May 15th at Chateau Ritz. If you would like to celebrate your 90+ Birthday with us, please call 847-297-2510 ext. 252 to register. A separate invitation will be mailed out to all registered, at a later date!



ST. PATRICK'S DAY LUNCHEON
Performing: **The Donnybrooks**
Wednesday, March 12th
Chateau Ritz - 9100 Milwaukee Ave., Niles
Doors Open: 11:00 a.m.
Lunch Served: 12:00 noon
Corned Beef and Cabbage or Tilapia
\$30.00 members / \$32.00 guests

From Irish Traditional to modern Celtic music, the Donnybrooks play with unparalleled passion. The set will be filled with fiddle and craic as drinks are raised right along with your spirits. Irish-influenced music from the Emerald Isle to the shores of Nova Scotia, Scotland and Lake Michigan will fill the air. The poetry and percussion will take the lead. Your 3-course lunch will include: Cream of Asparagus Soup, choice of Corned Beef and Cabbage or Tilapia, Baby Carrots, Red Skin Potatoes and Spumoni. Bingo will follow the entertainment. Free blood pressure screening provided by Citadel St. Benedict Village.

Reservations / Cancellations by: **Friday, February 28th**

Strictly self defense

What's Your Plan?
This program will educate you on the importance of having a safety plan. Fear and anxiety that some people have can be reduced by increasing awareness and planning for the what ifs. Fear and anxiety can be debilitating; awareness can be liberating. Topics will include discussion on situational awareness, maintaining control when feeling vulnerable, reaction vs. response when a threat is present. The safety trap that we experience when we are in our comfort zones will be discussed. Learn simple self-defense techniques and strategies that are easy to remember and execute.

"STRICTLY SELF DEFENSE"- (Town Hall)
Presenter: **Lindsey Daehnke**
Friday, March 21st
10:30 a.m. to 12:00 noon
Registration Required – No Charge

YOU'RE INVITED TO THE MIDNIGHT AT THE MASQUERADE
A MASQUERADE MURDER MYSTERY DINNER
Wednesday, April 9th
Lone Tree Manor - 7730 N. Milwaukee Ave., Niles
Doors Open: 4:45 p.m. - Dinner & Show: 5:30 p.m. to 8:45 p.m.
\$68.00 members / \$70.00 guests

The rustle of silks and feathers under muted conversation was probably the last thing heard by the tragically and unexpectedly deceased at the MaineStreamer Masquerade Ball. With a mystery under each feathery façade, unmasking the killer may be quite a challenge. It's up to you to determine which partygoer is guilty, bring this criminal to justice, and save the party! Family style dinner will include: Cream of Mushroom Soup, Garden Salad, Potatoes, Vegetables, Chicken with Lemon Sauce, Roast Beef with Gravy, Pierogies and Ice Cream. **Cash Bar**

Registration / Cancellation by Monday, March 24th

MaineStreamers Hit the Road in April 2025

REGISTRATION POLICY

REGISTRATION OPENS TUES. FEBRUARY 18TH - ONLINE REGISTRATION OPENS AT 6:00 A.M.

DAY TRIP INFO

Rate 1-“Easy” means usually one stop, some walking, and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and some stairs.

Rate 3-“Difficult” means that there are at least two stops, stairs, and possibly heavy walking.

CANCELLATION POLICY

If we have a waiting list and are able to resell your ticket, there will be a \$3.00 cancellation fee. If the ticket is not resold, there is no refund.

GUEST POLICY

ONE guest per paid member; paid couples can have TWO guests.

SPECIAL REQUESTS

Please limit your request to sit with one person and indicate this on your Registration Form. Also, if you need any special assistance, such as wheelchair access, special menu, etc..., indicate this on the Registration Form.

ROBIE HOUSE & THE UNIVERSITY OF CHICAGO INSTITUTE FOR THE STUDY OF ANCIENT CULTURES

Ascione Bistro, Chicago

Tuesday, April 1st

8:30 a.m. to 5:30 p.m.

\$109.00 members / \$114.00 guests - Trip Rate 3



MENU

Mediterranean Salad

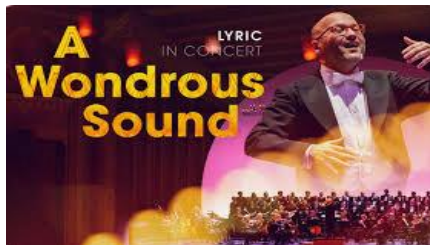
Entrée Choices:

Whitefish, Eggplant Parmigiana or Chicken Marsala

Dessert: Sorbet

Coffee, Hot Tea & Soft Drinks Included

We begin our day with a guided tour of the Robie House; a Prairie style home designed by Frank Lloyd Wright for Frederick C. Robie in 1910. The Robie House is the most innovative and forward thinking of all Wright’s Prairie houses. Following, we will enjoy lunch at Ascione Bistro. We will end our trip with a guided tour of the Institute for the Study of Ancient Cultures (ISAC), formerly known as the Oriental Institute. It is an interdisciplinary research center whose goal is to integrate data to understand civilizations of the Near East, from the earliest Holocene through the Medieval period. You will watch a series of short videos (about twenty minutes long) which covers some of the work that ISAC does. You will have some free time at the end.



LYRIC IN CONCERT: A WONDROUS SOUND

Lyric Opera of Chicago & Weber Grill

Wednesday, April 16th

2:45 p.m. to 10:00 p.m.

\$173.00 members / \$179.00 - Trip Rate 2

MENU

Mixed Green Salad & Pretzel Rolls

Entrée Choices: Plank Grilled

Bourbon Salmon, Smoked Carolina

Pork Chops or Black Angus Meatloaf

Dessert: Seasonal Cheesecake

Coffee, Tea & Soft Drinks Included

Opera has long provided the soundtrack to our world. The Lyric invites you to its performance featuring some of the most thrilling overtures and favorite choral works in the entire repertoire. Celebrate the wondrous sound of opera through masterworks by Mozart, Puccini, and more as performed by the talented artists of the Lyric Opera of Chicago Chorus and Orchestra from the most rousing, life-affirming, and joyful of works, to the quiet, introspective beauty that only great music can provide. We’ll be guided through our program by Music Director Enrique Mazzola as he shares favorites and some of your favorite composers’ more rarely-performed works. You’ll even have the chance to play a starring role in creating the music yourself! Don’t miss this unique opportunity to enjoy a concert featuring the most anticipated moments in opera. Prior to the performance we will enjoy a delicious dinner at Weber Grill.



FOUR WINDS CASINO

New Buffalo, Michigan

Wednesday, April 30th

7:00 a.m. to 4:00 p.m.

\$35.00 members / \$40.00 guests - Trip Rate 1

At Four Winds, New Buffalo, the excitement never stops. The package includes \$15 in slot play and \$10 food voucher toward lunch, which will be on your own and can be used at any of the following food outlets: The Buffet, Timbers Fast Food & Deli, Grab N Go and Kankakee Bar & Grill. Whether you like to play penny slots or \$100 machines, you’ll find more than 2,200 slot machines. You can also get a piece of the action at 48 table games. Please bring a Photo ID with you!

MaineStreamers Hit the Road in May 2025



SANFILIPPO PLACE DE LA MUSIQUE
Spring Swing Concert
Sanfilippo Estate, Barrington
Tuesday, May 6th
10:30 a.m. to 6:00 p.m.
\$122.00 members / \$127.00 guests - Trip Rate 2

MENU
 Salad
 Chicken
 Potatoes & Vegetable
Dessert: Cheesecake
 Red & White Wine,
 Coffee & Iced Tea Included

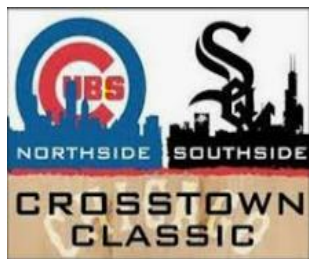
The Sanfilippo Estate is known worldwide for its magnificent collections of beautifully restored antique music machines, phonographs, arcade and gambling machines, chandeliers, art glass, the world's largest restored theatre pipe organ, the most spectacular European salon carousel in existence, street and tower clocks, steam engines and other functional mechanical antiques. The display is within a breathtaking French Second Empire setting. Our trip starts with a sit-down lunch with wine in the Carousel Pavilion. After lunch you may roam the pavilion to see their collection of organs and board their collection of train cars. Then we will head over to the Sanfilippo residence and theater for an organ concert with organist Zach Frame on the 7,000 pipe Wurlitzer Organ. Selections will include Big Band, Swing, and music from the Great American Songbook. Following the concert, there will be time to explore the residence and its collections of instruments and antique machines.



TULIP TIME – HOLLAND, MICHIGAN
Boatwerks Waterfront Restaurant
Thursday, May 8th
6:00 a.m. to 7:00 p.m.
\$123.00 members / \$128.00 guests - Trip Rate 3

MENU- Lunch Buffet
 Salad with Warm Rolls
 Braised Beef & Parmesan Chicken
 Penne Pasta & Garlic Mashed Potatoes
Dessert: Key Lime Pie &
 Icebox Mini Bars
 Coffee, Lemonade & Water Included

Tulip Time Festival in Michigan! This festival celebrates Dutch heritage with countless acres of tulips in springtime bloom. The tulip count has increased from 100,000 the first year to millions today. It is bursting with amazing color in public parks, local attractions and streetside plantings. We will explore the best of Holland by visiting the Veldheer Tulip Garden, where over 6 million tulips are planted, and the DeKlomp Wooden Shoe & Delft Factory. Then we will go back in time to the Netherlands while visiting the Neil's Dutch Village. Lunch will be buffet style at Boatwerks. At our final stop we will tour the Windmill Island Garden, which is the home to a windmill made in the Netherlands about 245 years ago. We will walk around and enjoy the beautiful fields of tulips. We'll also see Dutch Product workshops, the Merry-go-round and the crafts store.



CROSSTOWN CLASSIC - CHICAGO CUBS VS CHICAGO WHITE SOX
Wrigley Field, Chicago
Friday, May 16th
11:00 a.m. to 5:30 p.m.
\$93.00 members - Trip Rate 3
(Members Only)



Join us for the oldest rivalry in baseball as the Chicago Cubs take on the Chicago White Sox at beautiful Wrigley Field! This rivalry between the Chicago Cubs and the Chicago White Sox dates back to the founding of the American League. Seats will be in Terrace Boxes Section 209 (Covered Seating). Price includes transportation and game ticket. Lunch is on your own. Who will you be cheering for?

FRANK LLOYD WRIGHT



OAK PARK TOUR
Frank Lloyd Wright Home, Studio, Unity Temple
and Neighborhood Tour with Julia Bachrach
La Notte Ristorante Italiano
Wednesday, May 21st
8:00 a.m. to 5:00 p.m.
\$129.00 members / \$134.00 guests - Trip Rate 3

MENU
 House Salad & Minestrone Soup
Entrée Choices: Pollo Parmigiana,
 Tilapia Alla Gio or Baked Cavatelli
Dessert: Tiramisu
 Coffee & Iced Tea Included

Explore Oak Park, Illinois, where Frank Lloyd Wright resided during the crucial early years of his career. Our tour offers a captivating journey through the evolution of his architectural vision. The community is famous for Prairie style architecture, including more than 20 buildings designed or remodeled by Wright. We will receive a guided docent led tour of Wright's Home and Studio. We will get insights into his creative progression and the birth of the iconic Prairie style. After lunch at La Notte's, Julia Bachrach, a renowned historian, will join us for a visit to the Unity Temple, a National Historic Landmark exemplifying Wright's theory of organic design. Lastly, we will stroll with Julia through the neighborhood, learning about the beautiful residences in the area and viewing the exteriors of some homes Wright designed for his neighbors in the early 20th century. It will be a walking/bus tour that covers nearly a dozen homes on Chicago and Forest Avenues and on Elizabeth Court.

2025 Extended Trips



Cape Cod, Nantucket, Martha's Vineyard & Boston
 May 31st to June 6th
 7 Days



Yellowstone, Grand Teton & Glacier National Parks
 August 24th to 31st
 8 Days



Switzerland by Train
 August 29th to September 9th
 12 Days



North Dakota & Theodore Roosevelt National Park
 September 3rd to 8th
 6 Days



Oktoberfest in Bavarian Frankenmuth
 September 17th to 20th
 4 Days



Classic New England
 October 4th to 12th
 9 Days



Montreal & Quebec
 October 10th to 15th
 6 Days



Hawaii: Pacific Paradise
 November 4th to 13th
 10 Days

Home pick up for all!

All trips are being offered by American Classic Tours! You can receive flyers with complete information on any of these trips by calling MaineStreamers at 847-297-2510, or visit mainetown.com and go to MaineStreamers to view flyers!

When registering directly with American Classic Tours, Inc, please mention you are a MaineStreamer Member. Also, please notify the MaineStreamers that you will be traveling.



Upcoming June Day Trips

Registration Opens April 15, 2025 at 6:00 a.m.

Upcoming July Day Trips

CATS
Paramount Theatre & VAI'S Italian Kitchen
 Wednesday, June 4th - **Trip Rate 2**
 10:15 a.m. - 5:45 p.m.
 \$88.00 members / \$93.00 guests

Teatro ZinZanni
Love Chaos & Dinner
 Chicago
 Friday, June 20th - **Trip Rate 1**
 4:30 p.m. - 11:00 p.m.
 \$170.00 members / \$175.00 guests

Historic Pullman Neighborhood Tour
 Wednesday, June 25th - **Trip Rate 3**
 8:30 a.m. - 4:00 p.m.
 \$85.00 members / \$90.00 guests

Always... Patsy Cline
Drury Lane Theatre & Maggiano's Little Italy, Oakbrook
 Thursday, July 10th - **Trip Rate 1**
 10:30 a.m. - 5:15 p.m.
 \$117.00 members / \$122.00 guests

Shipshewana & Amish Buggy Tour
 Shipshewana, IN
 Wednesday, July 16th - **Trip Rate 3**
 6:00 a.m. - 7:00 p.m.
 \$90.00 members / \$95.00 guests

Midway Village "Living History 1920 Era"
JMK Nippon Japanese Restaurant, Rockford
 Friday, July 25th - **Trip Rate 3**
 8:45 a.m. - 3:30 p.m.
 \$65.00 members / \$70.00 guests

The Neil Diamond Musical - A Beautiful Noise
 Cadillac Palace Theatre & Randolph Tavern
 Thursday, November 20th - **Trip Rate 3**
 9:15 a.m. - 5:00 p.m.
 \$192.00 members / \$197.00 guests
(Advanced Registration & Payment)



This icon indicates Free Transportation to MaineStreamer programs by calling (847) 297-2510

REFUND POLICY

In order to receive a refund for programs, classes, special events, you must cancel at least one week prior.

Fitness Classes



SENIOR AEROBICS

(Feldman Center, 8800 Kathy Lane, Niles)

Mondays, March 3rd to April 21st

No class on March 24th

10:30 a.m. to 11:30 a.m. (7 classes)

Cost: \$30.00 members / \$35.00 guests

Instructor: Joann Kitching

This class will increase your strength, balance, flexibility, and coordination in sitting and/or standing position.

Reg. Deadline: Mon., Feb. 24th - Min. Students: 12



SENIOR AEROBICS

(Feldman Center, 8800 Kathy Lane, Niles)

Wednesdays, March 5th to April 23rd

No class on March 26th

11:15 a.m. to 12:15 p.m. (7 classes)

Cost: \$30.00 members / \$35.00 guests

Instructor: Joann Kitching

This class will increase your strength, balance, flexibility, and coordination in sitting and/or standing position.

Reg. Deadline: Wed., Feb. 26th - Min. Students: 12



YOGA - (Town Hall)

Mondays, March 3rd to April 21st

No class on March 10th

6:00 p.m. to 7:30 p.m. (7 Classes)

Cost: \$53.00 members / \$58.00 guests

Instructor: Diane McDonald

This class is taught at a relaxed pace, integrating breath work with deliberate muscle elongation, toning, and balance. Don't forget to bring a mat!

Reg. Deadline: Fri., Feb. 28th - Min. Students: 16



ZUMBA GOLD

(Feldman Center, 8800 Kathy Lane, Niles)

Thursdays, March 6th to April 17th

No class on March 27th

10:15 a.m. to 11:15 a.m. (6 classes)

Cost: \$35.00 members / \$40.00 guests

Instructor: Regina Mundt

Zumba Gold fuses Latin rhythms and easy-to-follow moves for a great fitness program in a party-like atmosphere. So, get in shape while listening to fun music!

Reg. Deadline: Thurs., Feb. 27th - Min. Students: 12



CHAIR YOGA

(Feldman Center, 8800 Kathy Lane, Niles)

Tuesday, March 4th to April 22nd

12:00 p.m. to 1:00 p.m. (8 classes)

Cost: \$50.00 members / \$55.00 guests

Instructor: Nina Ginocchio

In this class we will use a chair and seated poses to begin and end each class. Standing poses are used to build strength in our legs and core so that we can maintain movement, balance and flexibility. We begin by connecting to our breath and then we connect our breath to movement. As with any yoga class, we will feel calm and refreshed at the end of class!

Reg. Deadline: Tues., February 25th - Min. Students: 12

NEW CLASS

If interested in trying a class please call:

Call Monika at
847-297-2510 Ext. 252
(Senior Aerobics, Zumba Gold & Chair Yoga)

Call Oksana at
847-297-2510 Ext. 275
(Yoga)

Educational Programs



COMPUTER CLASS - (Town Hall)

Monday, March 31st

2:00 p.m. to 3:30 p.m.

Cost: \$10.00 members / \$15.00 guests

Instructor: Lee Huber

Topic: iPad/iPhone Camera App

The camera app is amazing. Learn more about the features of the application to help you take better pictures. We will answer your "what is this?", or "how do I change this?" questions.

Registration Required - 20 Max.



MaineStreamers Travelogue - (Town Hall)

"Swedish Lapland"

Presenter: Wendy Altschuler

Travel & Lifestyle Writer, Adventurer

Friday, April 11th - 11:00 a.m. to 12:00 noon

Cost: \$5.00 members / \$7.00 guests

Swedish Lapland in the winter months is one of those destinations that sticks with you long after the adventure is over. From above the Arctic Circle to just below it, the wide expanses of nature, like the northern lights, allure intrepid travelers from all over the planet. You'll notice that people thrive in the season where the sun hides and a blue light makes the snow sparkle. Experience an overnight stay in a heated tent at the Sapmi Nature Camp, a cold plunge in the Lule River at Arctic Bath, and snow foraging at Essence of Lapland. The adventures are wild and endless. Wendy Altschuler is a travel and adventure writer and author. Her work may be found in major magazines and digital publications like Travel + Leisure, Business Insider, and Forbes. Her book, *Perfect Day Chicago*, highlights fun things to explore in the Windy City's neighborhoods. Altschuler has been a guest travel expert on WGN, CBS, and WLS.

Registration Required



Recreational Programs



MARCH MOVIE

"Nyad"

Biography / Drama / Sports

2023 / PG-13 / 2hr.

Tuesday, March 25th

Doors Open: 1:00 p.m.

1:30 p.m. to 3:30 p.m.

Cost: \$2.00 members / \$4.00 guests

This is a true story of tenacity, friendship and the triumph of the human spirit. Nyad recounts a riveting chapter in the life of world-class athlete Diana Nyad. Three decades after giving up marathon swimming in exchange for a prominent career as a sports journalist, at the age of 60, Diana (four-time Academy Award nominee Annette Bening) becomes obsessed with completing an epic swim. She always avoided the 110-mile trek from Cuba to Florida, often referred to as the "Mount Everest" of swims. She is determined to become the first person to finish the swim without a shark cage. Diana goes on a thrilling, four-year journey with her best friend and coach Bonnie Stoll (two-time Academy Award winner Jodie Foster) and a dedicated sailing team.

**Popcorn and Soda Included
Registration Required - Max. 60**



APRIL MOVIE

"The Whale"

Drama

2022 / R / 2hr.

Tuesday, April 29th

Doors Open: 1:00 p.m.

1:30 p.m. to 3:30 p.m.

Cost: \$2.00 members / \$4.00 guests

In a town in Idaho, Charlie, a reclusive and unhealthy English teacher, hides out in his flat and eats his way to death. He is desperate to reconnect with his teenage daughter for a last chance at redemption. Charlie hopes to rebuild a relationship with his estranged teenage daughter Ellie, whom he abandoned eight years ago when leaving his wife, Mary, to be with his male lover Alan. He reveals that he has been saving money for years and offers Ellie the entire \$120,000 in his bank account if she spends time with him without her mother's knowledge.

**Popcorn and Soda Included
Registration Required – Max. 60**



BINGO

Thursday, March 6th

&

Thursday, April 3rd

Doors Open: 12:00 noon

Game Begins: 12:30 p.m.

\$6.00 members / \$8.00 guests

Come and enjoy an afternoon of Bingo. Win a gift card as a prize and enjoy each other's company!

Refreshments Served

Registration Required – Max. 50



DAY AT THE RACES

Thursday, March 20th

&

Thursday, April 24th

Doors Open: 12:30 p.m.

Game Begins: 1:00 p.m.

\$6.00 members / \$8.00 guests

Come and join us for a fun afternoon with horse racing. Enjoy refreshments while competing for prizes. Each participant gets an equal amount of wagers to bet on his or her favorite horse!

Registration Required – Max. 40



Twilight Dining

Sunrise Grill



1930 E. Touhy Ave., Des Plaines

Monday, March 10th

Doors Open: 5:00 p.m.

Dinner: 5:30 p.m. to 7:30 p.m.
\$32.00 members / \$34.00 guests

Come join the MaineStreamers for a private dinner at Sunrise Grill. Enjoy an evening eating a delicious meal in a cozy local restaurant.

Menu

Chicken Noodle Soup, House Salad with Bread

Entrée Choice

Tilapia Vesuvio

Beef Stroganoff

Pork Tenderloin Schnitzel

Chicken Parmesan

Short Rib Rigatoni

Dessert

Cheesecake

Coffee, Tea & Soft Drinks Included

(BYOB Restaurant – bring your own bottle of wine or beer to enjoy with dinner.)

**Transportation on your own.
Registration / Cancellations by Mon., March 3rd
Max. 60**

Informative, Creative Corner & Health



INFORMATIVE - (Town Hall)
"Hidden Messages in Negro Spirituals on the Underground Railroad"
 Presenter: Connie Martin
 Friday, March 7th
 Doors Open 9:30 a.m.
 10:00 a.m. to 11:00 a.m.
 Cost: \$0.00 members / \$2.00 guests

Connie Martin will be defining a Negro Spiritual. You will be drawn in with stories of secrecy surrounding hidden messages inside the lyrics of several beloved, pre and post Civil War era songs. Slides will provide information and mystery of who, what, where, and how special songs were used and in what circumstances. They aided freedom seekers to navigate and escape safely to freedom in Canada during 1850-1865, the end of the Civil War. You will learn how certain lyrics and human emotion sung in Negro Spirituals were utilized to inform freedom seekers to know how to escape from the bondage of slavery in the South.



Registration Required



INFORMATIVE - (Town Hall)
"Duncan Hines: More Than Cake Mix"
 Presenter: Amy Gail Hansen
 Friday, April 4th
 Doors Open 9:30 a.m.
 10:00 a.m. to 11:00 a.m.
 Cost: \$0.00 members / \$2.00 guests

Since the 1950s, the name Duncan Hines has been synonymous with boxed cake mix. But who was Duncan Hines? How did he influence American food history? Join writer and history enthusiast Amy Gail Hansen for an in-depth look at this Chicago-based traveling salesman's life. He included the coveted restaurant recommendations in his Christmas card that became "Adventures in Good Eating" to the products still bearing his name on today's grocery shelves.



Registration Required

"CHARCUTERIE BOARDS TO AMAZE YOUR GUESTS"



Uncork, Unwind
 1440 Miner Street, Des Plaines
 Friday, April 25th
 Doors Open: 12:30 p.m.
 1:00 p.m. to 3:00 p.m.
 Cost: \$44.00 per person

Join us for an unforgettable afternoon event at Uncork, Unwind where they will share their passion and knowledge about charcuterie boards. The presentation will include the history and popularity of charcuterie boards, how to choose ingredients, display tips and how to make budget friendly choices. During this event, you will enjoy 2 glasses of wine while eating fig & prosciutto and margherita pizzas alongside an artfully arranged large charcuterie and cheese board to sample/"graze" cheese, meats and crackers after the presentation.

Registration / Cancellations by Thurs., April 10th
Max. 20

Creative Corner

FLORAL DESIGN - (Town Hall)
 Instructed by Robert's Floral Design Studio
 Monday, April 14th
 2:00 p.m. to 3:00 p.m.
 Cost: \$31.00 members / \$33.00 guests

Learn how to create a stunning, custom-made flower arrangement for St. Valentine's Day with Robert Neri, a Chicago artist and florist. You will go home with knowledge about the world of flower design. All your flowers and containers will be provided. In this class, you will learn how to keep flowers alive for weeks instead of days. Everyone will go home with his or her own flower arrangement. The cost includes all materials and instructions. Please bring a pair of scissors.

Registration Required – Min. 10 Participants



Health Program



NATIONAL MEMORY SCREENING PROGRAM
 Alzheimer's Foundation of America
 Wednesday, April 23rd - 9:30 a.m. to 4:30 p.m.
 ½ hour appointments
 Presented By: Arden Courts ProMedica Memory Care (Monika Peterson)

Are you caring for a loved one who is experiencing memory problems? Are you concerned your loved one's memory loss may be an early sign of dementia? Does Alzheimer's disease or dementia run in your family?

A memory screening is a series of questions and tasks designed to gauge memory, language and thinking skills. Screenings last 5-10 minutes, and while the results are not a diagnosis, scoring below the normal threshold can signal that someone should follow up with a clinician for a full evaluation. There are a number of reasons a person could be experiencing memory issues, including vitamin deficiencies, thyroid problems and depression.

If interested in memory screening please call Monika Jaroszewicz, Program Coordinator at 847-297-2510 x 252 to schedule an appointment.

Therese Tully – Assistant Director
Monika Jaroszewicz – Senior Program Coordinator
Oksana Bukaczyk – Program Coordinator

Marie Dachniewsky – Director

MaineStreamers Staff

Kimberly Jones, Trustee
Kelly Horvath, Trustee
James Maher, Trustee
Asif Malik, Trustee

Peter Gialamas, Clerk
Susan Moylan Krey, Assessor
Ed Beauvais, Hwy. Commissioner

Karen J. Dimond, Supervisor

MAINE TOWNSHIP
1700 BALLARD ROAD, PARK RIDGE, IL 60068
(847) 297-2510 – FAX (847) 297-1335
www.maintown.com



Maine Township MaineStreamers
1700 Ballard Road
Park Ridge, IL 60068

FIRST CLASS MAIL

March & April 2025 Registration Form

TO REGISTER AND PAY WITH A CREDIT CARD GO TO: maintown.com/mainstreamers and log into your account.

IF PAYING BY CHECK: Complete form, print name, phone number and return the entire registration form. If you are signing up another member, we must also have his or her registration form. Enclose a check (payable to MTMS). Mail or Drop Box only. No walk-ins or phone reservations. **Mail to: Maine Township MaineStreamers (M.T.M.S)**

**1700 Ballard Rd.
Park Ridge, IL 60068**

**REGISTRATION OPENS TUES. FEBRUARY 18TH
ONLINE REGISTRATION OPENS AT 6:00 A.M.**

*****REFUND POLICY: In order to receive a refund for programs, classes, special events, you must cancel at least one week prior*****

Recreational

Members Attending	Guests Attending	Activity Name	Date	Cost Per Person	Amount
		Bingo	Thursday, March 6th	\$6.00 members / \$8.00 guests	
		Twilight Dining-Sunrise Grill Choose Entrée: ___ Tilapia Vesuvio ___ Beef Stroganoff ___ Pork Tenderloin Schnitzel ___ Chicken Parmesan ___ Short Rib Rigatoni	Monday, March 10th	\$32.00 members / \$34.00 guests	
		St. Patrick's Day Luncheon Performers: "The Donnybrooks"	Wednesday, March 12th	___ Corned Beef \$30.00 mem. /\$32.00 guests ___ Tilapia \$30.00 mem. /\$32.00 guests	
		Day at the Races	Thursday, March 20th	\$6.00 members / \$8.00 guests	
		Movie of the Month "Nyad"	Tuesday, March 25th	\$2.00 members / \$4.00 guests	
		Bingo	Thursday, April 3rd	\$6.00 members / \$8.00 guests	
		Day at the Races	Thursday, April 24th	\$6.00 members / \$8.00 guests	
		Movie of the Month – "The Whale"	Tuesday, April 29th	\$2.00 members / \$4.00 guests	

2 Month Fitness Classes (March through April)

Members Attending	Guests Attending	Activity Name	Days	Cost Per Person	Amount
		Senior Aerobics	Monday - 7 classes	\$30.00 members / \$35.00 guests	
		Yoga	Monday - 7 classes	\$53.00 members / \$58.00 guests	
		Senior Aerobics	Wednesday - 7 classes	\$30.00 members / \$35.00 guests	
		Zumba Gold	Thursday - 6 classes	\$35.00 members / \$40.00 guests	
		Chair Yoga	Tuesday - 8 classes	\$50.00 members / \$55.00 guests	

Educational & Informative Programs / Special Events

Members Attending	Guests Attending	Activity Name	Date	Cost per Person	Amount
		Informative "Hidden Message" Presenter: Connie Martin (Town Hall)	Friday, March 7th	\$0.00 members / \$2.00 guests	
		Strictly Self Defense Presenter: Lindsey Daehnke	Friday, March 21st	No Charge, Registration Required	****
		Computer Class iPad/iPhone Camera App	Monday, March 31st	\$10.00 members / \$15.00 guests	
		Informative "Duncan Hines: More Than Cake Mix" Presenter: Amy Gail Hansen (Town Hall)	Friday, April 4th	\$0.00 members / \$2.00 guests	
		Midnight at the Masquerade (Lone Tree)	Wednesday, April 9th	\$68.00 members / \$70.00 guests	
		Travelogue "Swedish Lapland" Presenter: Wendy Altschuler (Town Hall)	Friday, April 11th	\$5.00 members / \$7.00 guests	
		"Charcuterie Boards to Amaze Your Guests" (Uncork & Unwind)	Friday, April 25th	\$44.00 per person	

Creative Corner

		Floral Design (Town Hall)	Monday, April 14th	\$31.00 members / \$33.00 guests	
				Check# _____ Total	

Print Your Name: _____ Phone: _____

(Please complete the above information)



Day Trip Registration



April & May 2025 Day Trips - Registration Form

IF PAYING BY CHECK: A SEPARATE CHECK NEEDS TO BE MADE OUT FOR EACH DAY TRIP.

Make checks payable to: M.T.M.S.

SPECIAL REQUESTS

Please limit your request to sit with one person only and indicate this on your Registration Form below. Also, if you need any special assistance, such as wheelchair access, special menu, etc..., indicate this on the Registration Form.

PLEASE NOTE: DEPARTURE POINT - SABEL CENTER, 8800 BALLARD RD., DES PLAINES

1. On Day Trips please seat me with (Limit 1) _____
 2. Special Needs: Wheelchair Accessibility, Special Menu, Visual/Audio aids, etc... _____
- Please Specify _____

April Day Trips

Members Attending	Guests Attending	Trip Name	Date	Cost Per Person
		Robie House & The University of Chicago Institute of Ancient Cultures Choose Entrée: ___ Whitefish ___ Eggplant Parmigiana ___ Chicken Marsala Trip Rate 3	Tuesday, April 1st	\$109.00 members / \$114.00 guests
		A Wondrous Sound Choose Entrée: ___ Bourbon Salmon ___ Smoked Carolina Pork Chop ___ Black Angus Meatloaf Trip Rate 2	Wednesday, April 16th	\$173.00 members / \$179.00 guests
		Four Winds Casino Trip Rate 1	Wednesday, April 30th	\$35.00 members / \$40.00 guests

May Day Trips

Members Attending	Guests Attending	Trip Name	Date	Cost Per Person
		Sanfilippo Place De La Musique - Spring Swing Concert Trip Rate 2	Tuesday, May 6th	\$122.00 members / \$127.00 guests
		Tulip Time – Holland Michigan Trip Rate 3	Thursday, May 8th	\$123.00 members / \$128.00 guests
		Crosstown Classic Chicago Cubs vs Chicago White Sox Trip Rate 3	Friday, May 16th	\$93.00 per person (<i>members only</i>)
		Oak Park Tour/Frank Lloyd Wright Choose Entrée: ___ Pollo Parmigiana ___ Tilapia Alla Glo ___ Baked Cavatelli Trip Rate 3	Wednesday, May 21st	\$129.00 members / \$134.00 guests

DAY TRIP INFO

- Rate 1 - "Easy" means usually one stop, some walking, and minimal stairs.
- Rate 2 - "Somewhat Difficult" means that there are at least two stops and some stairs.
- Rate 3 - "Difficult" means that there are at least two stops, stairs, and possibly heavy walking.

CANCELLATION POLICY

If we have a waiting list and are able to resell your ticket, there will be a \$3.00 cancellation fee. If the ticket is not resold, there is no refund.

GUEST POLICY

ONE guest per paid member; paid couples can have TWO guests.